



"Summer's here, let's get fit together"

- Marty

YES! I will form a "Lighten Up Brooklyn" walking group, with **4** or more participants who want to achieve or maintain a healthy weight! Groups of **4** or more can pick up free "Lighten Up Brooklyn" tee shirts (while supplies last) Monday through Friday from 10:00 a.m. to 8:00 p.m. at Brooklyn Borough Hall, 209 Joralemon Street. Please call or e-mail Eileen Mullaney-Newman to confirm availability in advance at: 718-802-3806 or enewman@brooklynbp.nyc.gov .

Walking Group Affiliation (business, block association, family, religious institution, etc.):

Contact: _____

Address: _____ Zip Code: _____

Telephone: _____ E-Mail: _____

Enjoy your healthy walks in Brooklyn's beautiful parks and neighborhoods! Additionally, we will invite Lighten Up Brooklyn walking groups to join Marty when he participates in different walks throughout the year!

Please call Eileen if you have any questions: 718-802-3806